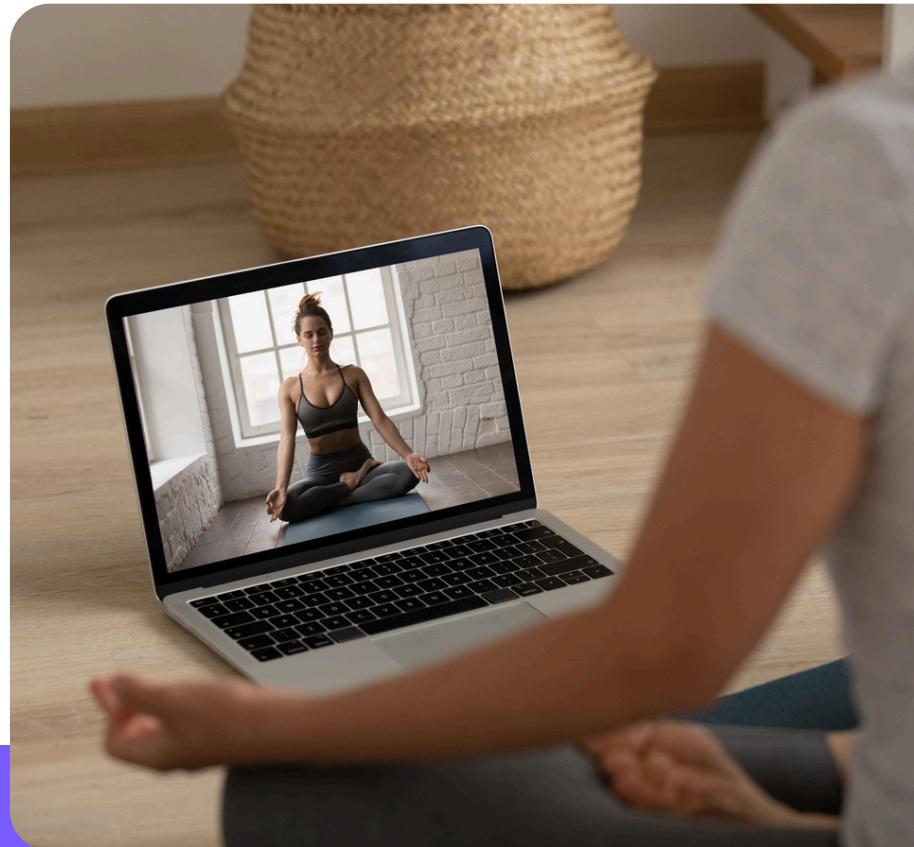


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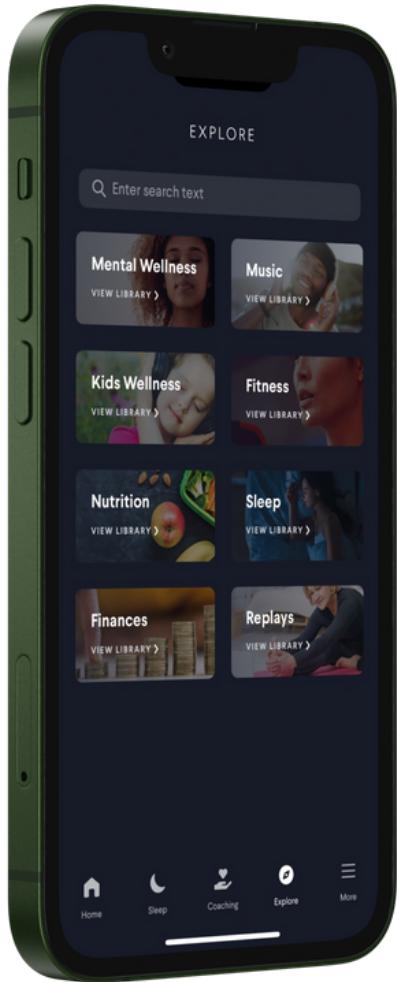
## Enhance Engagement With Wellness Coach

Articulate, a fully remote SaaS company that develops leading creator platforms for workplace learning, supports employee mental, physical, and financial health with Wellness Coach.



*Cutting Costs, Boosting  
Engagement, and  
Reaching Every Employee*

# THE MISSION & PLAN



As a fast-paced, growing company, Articulate's People Team recognized they needed a way to help employees better support employees' mental wellness while increasing employees' engagement so they could continue to grow and retain their valuable workforce.

Articulate partnered with Wellness Coach in July 2021. Through Wellness Coach's holistic and accessible mobile, web, and Slack applications, personalized 1-on-1 coaching, and fully integrated team-building wellness activities, Articulate saw an immediate utilization rate of 64%.

Engagement rates remained strong into 2022 as a result of continual strategic activities based on key program data, and a package upgrade to provide unlimited personal coaching sessions at no cost to employees. In 2022, Articulate's average engagement rate remains 52%+.

**82%+**

Overall engagement rate

**64%**

Immediate Utilization Rate

**"The Wellness Coach benefit has been a true life change for our employees and by far one of our favorite benefits we offer! Our employees love that the benefit focuses on all aspects of wellness, from emotional, physical to financial wellbeing. The quality of the coaching is exceptional and our employees truly feel connected and supported by the Wellness Coach team."**

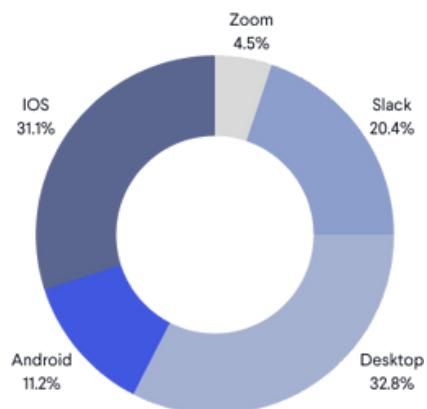
 **Angela Kiniry**  
Chief People Officer, Articulate



# 3 PROVEN ENGAGEMENT STRATEGIES

## 1. ENGAGING TEAM CHALLENGES

Articulate's program began with a company-wide team challenge. Through customizations, effective communications, and prize incentives, Articulate had nearly half of all employees participate, with 70% completing the entire challenge.



## 2. WELLNESS WHERE YOU WORK

**Wellness Coach** offers multiple access points—mobile app, web, and Slack/Zoom apps—for convenient use at work and at home.

## 3. SHARING THE WELLNESS

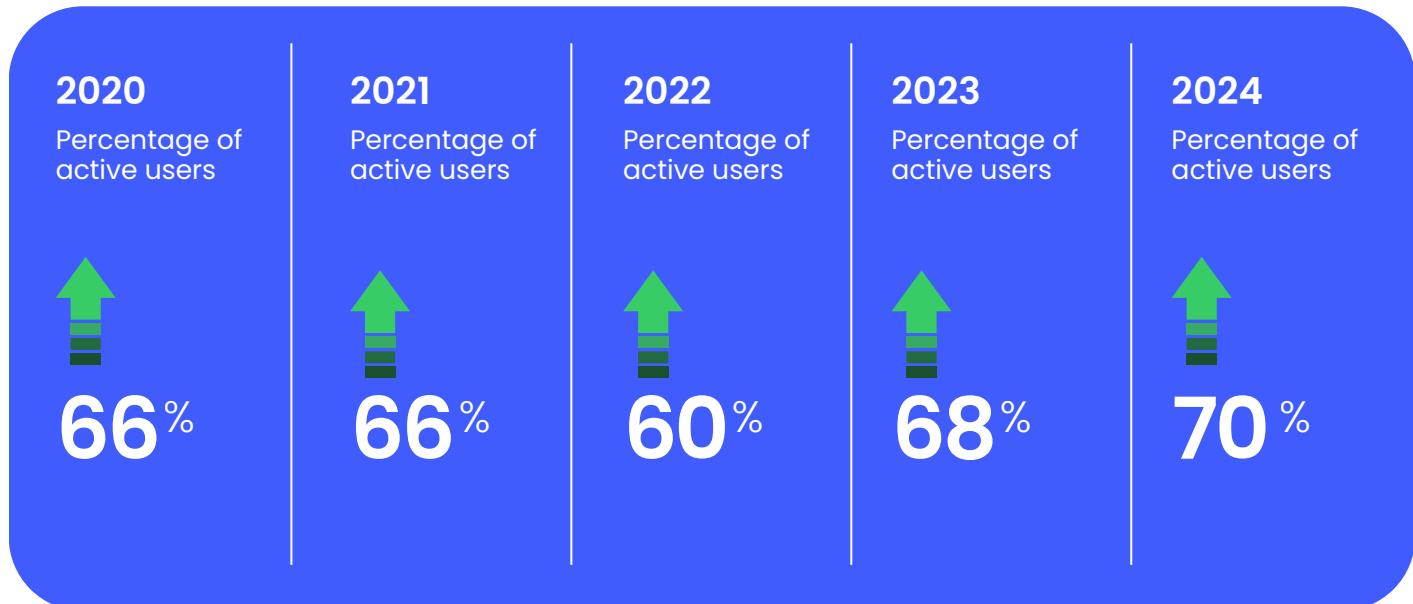
Wellness Coach licenses include the ability for each employee to share it with 5 family members or friends to encourage employees to create personal wellness communities and remain engaged.

Articulate promoted this perk heavily and as a result 31% of employees have shared their personal licenses.





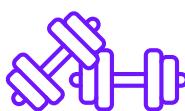
# ENGAGEMENT OVER THE YEARS



## TOP PERSONAL COACHING CATEGORIES BOOKED



MENTAL WELLNESS



PHYSICAL FITNESS



NUTRITION

Wellness Coach offers a comprehensive suite of coaching services designed to enhance your employees' well-being and productivity.

Our Leadership Coaching empowers leaders with new skills, Personal Coaching provides tailored wellness strategies, Group Coaching fosters team collaboration, our AI Health Coach, delivers personalized support around the clock.

Ideal for HR professionals looking to invest in their teams' health and success. Explore our programs to elevate your workplace wellness strategy.



# Wrapping up Key Data & Results

**96%**

Average Effectiveness Rate

**99%**

Positive ratings of personal coaching experiences

**8M**

Calories Burned

**20k**

Total minutes spent in the platform

**200**

Family + Friends Registrations



## EMPLOYEE TESTIMONIALS



"I use the app every day now and have shared it with family and friends. I love it, and the new job!"



"Meg is an amazing coach. She is positive, encouraging, and so funny!"



"Love (Coach) Corene's demeanor and approach - very relatable, comforting, and encouraging!"

[BOOK A DEMO TODAY!](#)